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AQA A-level PE Book 2 Carl Atherton 2017-02-20 Exam Board: AQA Level: AS/A-level Subject: PE First Teaching: September 2016 First Exam: June 2018 Inspire, motivate and give confidence to your students with AQA PE for A Level Book 2. This reliable and accessible textbook will offer your students comprehensive support for both the academic and practical elements of the course. This Student's Book has been selected for AQA's official approval process. - Key questions to direct thinking and help students focus on the key points - Diagrams to aid understanding - Summaries to aid revision and help students access the main points - Extension questions, stimulus material and suggestions for further reading to stretch, challenge and encourage independent thinking and a deeper understanding - Definition of key terms - again to aid and consolidate understanding of technical vocabulary and concepts - Activities to build conceptual understanding and sound knowledge and understanding, analysis, evaluation and application skills Contents: Section 1 Applied Anatomy and Physiology - Sue Young 1.1 Energy systems Section 2 Skill acquisition - Carl Atherton 2.1 Information processing Section 3: Exercise physiology - Sue Young 3.1 Injury prevention and the rehabilitation of injury Section 4: Biomechanical movement - Sue Young 4.1 Linear motion 4.2 Angular motion 4.3 Projectile motion 4.4 Fluid mechanics Section 5: Sport psychology - Carl Atherton 5.1 Psychological factors that can influence an individual in physical activities Section 6 Sport and society and the role of technology in physical activity and sport - Symond Burrows 6.1 Concepts of physical activity and sport 6.2 Development of elite performers in sport 6.3 Ethics in sport 6.4 Violence in sport 6.5 Drugs in sport 6.6 Sport and the law 6.7 Impact of commercialisation on physical activity and sport and the relationship 6.8 The role of technology in physical activity and sport Section 7 Assessment - Ross Howitt 7.1 Tackling the A-level exam 7.2 Tackling the non-examined assessment

OCR GCSE Food Preparation and Nutrition Val Fehners 2016-09-12 Exam Board: OCR Level: GCSE Subject: Food Preparation & Nutrition First Teaching: September 2016 First Exam: June 2018 Endorsed for OCR. Develop your students' knowledge and understanding of food and nutrition, improve their practical food preparation and cooking skills and prepare them for assessment with this book for the 2016 OCR Food Preparation and Nutrition GCSE. - Explains all food and nutrition concepts clearly, including simple definitions of key words - Helps students to apply their knowledge and understanding with engaging practical activities throughout, including photographs to illustrate all of the key techniques - Differentiates with stretch and challenge activities to ensure progression and to challenge more able learners - Prepares students for assessment with clear guidance on the Food Investigation and Food Preparation assessments, as well as advice and practice questions to help them prepare for the written exam

My Revision Notes: OCR GCSE Food Preparation and Nutrition Val Fehners 2017-04-03 Exam Board: OCR Level: GCSE Subject: Food Preparation First Teaching: September 2016 First Exam: Summer 2018 Unlock your full potential with this revision guide that will guide you through the content and skills you need to succeed in the OCR GCSE Food Preparation and Nutrition exam. - Plan your own revision and focus on the areas you need to revise with key fact summaries and revision activities for every topic - Use the exam tips to clarify key points and avoid making typical mistakes - Test yourself with end-of-topic questions and answers and tick off each topic as you complete it - Get exam ready with tips on approaching the paper, sample exam questions with model answers and commentary, and last-minute quick quizzes at www.hoddereducation.co.uk/myrevisionnotes

OCR GCSE (9-1) PE Second Edition John Honeybourne 2016-08-01 Exam Board: OCR Level: GCSE Subject: PE First Teaching: September 2016 First Exam: June 2018 Inspire, motivate and give confidence to your students with OCR PE for GCSE Second Edition. This reliable and accessible textbook is structured to match the specification exactly and will provide your students with the knowledge they need, while giving them the opportunity to build skills through appropriate activities. We are working in collaboration with OCR to produce this Student's Book. - Key questions to direct thinking and help students focus on the key points - Diagrams to aid understanding - Summaries to aid revision and help weaker students access the main points - Extension questions, stimulus material and suggestions for further reading to stretch, challenge and encourage independent thinking and a deeper understanding - Definition of key terms - again to aid and consolidate understanding of technical vocabulary and concepts - Activities to build conceptual understanding and sound knowledge and understanding, analysis, evaluation and application skills

OCR A Level PE John Honeybourne 2016-10-31 Inspire, motivate and give confidence to your students with OCR PE for A Level Book 2. This reliable and accessible textbook will offer your students comprehensive support for both the academic and practical elements of the course. We are working in collaboration with OCR to produce the following print resources that support the teaching and learning of the new A Level Physical Education specification - Key questions to direct thinking and help students focus on the key points - Diagrams to aid understanding - Summaries to aid revision and help students access the main points - Extension questions, stimulus material and suggestions for further reading to stretch, challenge and encourage independent thinking and a deeper understanding - Definition of key terms - again to aid and consolidate understanding of technical vocabulary and concepts - Activities to build conceptual understanding and sound knowledge and understanding, analysis, evaluation and application skills

Collins Readers Á Anita and Me Meera Syal 2010 The story of Meena, growing up in the only Punjabi family in the Black Country mining village of Tollington, from award-winning screenwriter Meera Syal.This hilarious novel is a set text for GCSE WJEC and Edexcel. It's 1972. Meena is nine years old and lives in the village of Tollington, 'the jewel of the Black Country'. She is the daughter of Indian parents who have come to England to give her a better life. As one of the few Punjabi inhabitants of her village, her daily struggle for independence is different from most. She wants fishfingers and chips, not chapati and dhal; she wants an English Christmas, not the usual interminable Punjabi festivities - but more than anything, she wants to roam the backyards of working-class Tollington with feisty Anita Rutter and her gang. Blonde, cool, aloof, outrageous and sassy, Anita is everything Meena thinks she wants to be. Meena wheedles her way into Anita's life, but the arrival of a baby brother, teenage hormones, impending entrance exams for the posh grammar school and a motorcycling rebel without a future, threaten to turn Anita's salad days sour. Anita and Me paints a comic, poignant, compassionate and colourful portrait of village life in the era of flares, power cuts, glam rock, decimalisation and Ted Heath. It is a unique vision of a British childhood in the Seventies, a childhood caught between two cultures, each on the brink of change.

OCR A Level PE John Honeybourne 2016-08-22 Inspire, motivate and give confidence to your students with OCR PE for A Level Book 1. This reliable and accessible textbook will offer your students comprehensive support for both the academic and practical elements of the course. We are working in collaboration with OCR to produce this Student's Book - Key questions to direct thinking and help students focus on the key points - Diagrams to aid understanding - Summaries to aid revision and help students access the main points - Extension questions, stimulus material and suggestions for further reading to stretch, challenge and encourage independent thinking and a deeper understanding - Definition of key terms - again to aid and consolidate understanding of technical vocabulary and concepts - Activities to build conceptual understanding and sound knowledge and understanding, analysis, evaluation and application skills

OCR A Level History: Early Medieval England 871- 1107 Andrew Holland 2015-09-25 This is an OCR endorsed resource Build strong subject knowledge and skills in A Level History using the in-depth analysis and structured support in this tailor-made series for OCR's British period studies and enquiries. - Develops the analytical skills required to succeed in the period study by organising the narrative content around the key issues for students to explore - Enhances understanding of the chosen historical period, supplying a wealth of extracts and sources that offer opportunities to practise the evaluative skills needed for the enquiry - Progressively improves study skills through developmental activities and advice on answering practice exam questions - Helps students to review, revise and reflect on the course material through chapter summaries and revision activities that consolidate topic knowledge - Equips students with transferable critical thinking skills, presenting contrasting academic opinions that encourage A Level historians to make informed judgements on major debates Each title in the OCR A Level History series contains one or two British period studies and its associated enquiry, providing complete support for every option in Unit Group 1. Early Medieval England 871-1107 This title explores the reigns of Anglo-Saxon and Norman Kings from Alfred the Great to William II through two British period studies and two enquiries. It allows an in-depth understanding of the key historical knowledge, terms and concepts relevant to the period studied and encourages the critical use of evidence in investigating and assessing historical questions in the associated enquiries: 'Alfred the Great' and 'Norman England 1087-1107'. This title covers the following period studies and enquiries: - Alfred the Great - The Making of England 849-1016 - Anglo Saxon England and the Norman Conquest 1035-1087 - Norman England 1087-1107

GCSE PE for OCR Frank Galligan 2001 This resource file contains teaching notes and lesson plans, as well as photocopiable worksheets and information sheets for students. There is also a guide to assessment, so you can figure out students' areas of difficulty and what you should be focusing on.

BTEC First in Sport - Study & Exam Practice with CD-Rom CGP Books 2013-12-09

My Revision Notes: OCR A Level PE Keri Moorhouse 2017-11-27 Target success in PE with this proven formula for effective, structured revision; key content coverage is combined with exam-style tasks and practical tips to create a revision guide that students can rely on to review, strengthen and test their knowledge. With My Revision Notes, every student can: Plan and manage a successful revision programme using the topic-by-topic planner Consolidate subject knowledge by working through clear and focused content coverage Test understanding and identify areas for improvement with regular 'Now Test Yourself' tasks and answers Improve exam technique through practice questions, expert tips and examples of typical mistakes to avoid Get exam ready with extra quick quizzes and answers to the practice questions available online

OCR A Level PE (Year 1 and Year 2) Sarah Powell 2019 Boost confidence with our all-in-one textbook for OCR A Level Physical Education. This updated and accessible textbook combines Year 1 and Year 2 content with brand new assessment preparation to provide comprehensive support for both the academic and practical elements of the course. This book: - Develops conceptual understanding with full coverage of all topics on the OCR A Level specification together in one book - Includes updates to 'end of chapter practice' questions and assessment preparation - Contains summaries, diagrams and key questions to direct thinking and aid revision - Stretches.

My Revision Notes: OCR GCSE (9-1) PE 2nd Edition Sarah Powell 2017-11-13 arget success in PE with this proven formula for effective, structured revision; key content coverage is combined with exam-style tasks and practical tips to create a revision guide that students can rely on to review, strengthen and test their knowledge. With My Revision Notes, every student can: Plan and manage a successful revision programme using the topic-by-topic planner Consolidate subject knowledge by working through clear and focused content coverage Test understanding and identify areas for improvement with regular 'Now Test Yourself' tasks and answers Improve exam technique through practice questions, expert tips and examples of typical mistakes to avoid Get exam ready with extra quick quizzes and answers to the practice questions available online

Oxford Revise: AQA GCSE Physics Revision and Exam Practice Helen Reynolds 2020-10-08 Based on principles of cognitive science, this three-step approach to effective revision combines knowledge, retrieval and interleaving, and extensive exam-style practice to help students master knowledge and skills for GCSE success. UK schools save 50% off the RRP! Discount will be automatically applied when you order on your school account.

Essential A2 Physics for OCR Student Book Jim Breithaupt 2004 This text is carefully tailored for the A2 students, providing clear progression with challenging material for in-depth learning and understanding. Each double page spread is designed in a crisp, contemporary manner, with appropriate artwork and photography selected throughout, ensuring students truly understand, engage and reflect upon the topics studied. The text contains the most recent examination questions from OCR providing the ultimate preparation for examinations.

GCSE Geography Edexcel B 2020-07-16 A student-friendly and engaging resource for the 2016 Edexcel GCSE Geography B specification, this brand new course is written to match the demands of the specification. As well as providing thorough and rigorous coverage of the spec, this book is designed to engage students in their learning and to motivate them to progress.

AS PE for OCR Dave Carnell 2002 This specification gives learners a clear appreciation of key issues in physical education including balanced, active and healthy lifestyles, a focus on performance in practical activity, and the opportunity to pursue particular areas of interest.

OCR Business for A Level Andy Mottershead 2015-10-02 Exam Board: OCR Level: A-level Subject: Business First Teaching: September 2015 First Exam: June 2016 - Guides students through the new course and assessment structure with advice at the start of the book to help them understand what's required - Enables students to put their knowledge in context and helps them start analysing business data with case studies of real businesses included throughout - Prepares students for assessment with the 'Your turn' feature that contains practice questions including multiple choice, case study and data response, and those that test their quantitative skills

Revise OCR AS/A Level Physics Revision Workbook Steve Adams 2016-08-19 Our Revision Workbooks are designed to help students develop vital skills throughout the course and build their

confidence in preparation for the exam, with guided questions, unguided questions, practice papers and a full set of answers.

My Revision Notes: NCFE Level 1/2 Technical Award in Health and Fitness Mark Powell 2019-05-13 Enhance your students' practical skills and develop their key content knowledge with this proven formula for effective, structured revision. Target successwith this revision guide that brings together exam-style questions, revision tasks and practical tips to help students to review, strengthen and test their knowledge. With My Revision Notes, every student can: - Enjoy an interactive approach to revision, with clear topic summaries that consolidate knowledge and related activities that put the content into context. - Plan and manage a successful revision programme using the topic-by-topic planner. - Build, practise and enhance exam skills by progressing through revision tasks and Test Yourself activities. - Improve exam technique through exam-style questions - Get exam ready with answers to the activities available online

My Revision Notes: OCR GCSE (9-1) Business Mike Schofield 2018-10-29 Exam board: OCR Level: GCSE Subject: Business First teaching: September 2017 First exams: Summer 2019 Target success in OCR GCSE (9-1) Business with this proven formula for effective, structured revision; key content coverage is combined with exam-style tasks and practical tips to create a revision guide that students can rely on to review, strengthen and test their knowledge. With My Revision Notes every student can: - Plan and manage a successful revision programme using the topic-by-topic planner - Consolidate their knowledge by working through clear and focused coverage of the OCR GCSE Business specification - Test understanding and identify areas for improvement with regular 'Check your understanding' activities and answers, plus end-of-topic 'I can' checklists - Improve exam technique through practice questions, expert tips and examples of typical mistakes to avoid - Revise, remember and accurately use key business terms with definitions alongside the text for quick and easy reference

Cambridge National Level 1/2 Sport Science Mike Murray 2019-05-27 Reinforce classroom learning and strengthen your students' understanding of the content with this Student Book written for the Cambridge National Level 1 / 2 in Sport Science. Covering the two mandatory units and all of the optional units, this essential student book will help to build students' knowledge and develop the skills required for success in Sport Science. - This reliable and accessible textbook is structured to match the specification and provide your students with all the information they need, giving them the opportunity to build skills through appropriate activities. - Builds students' skillsets with clearly-focused content to aid progression and questions to assess understanding. - Prepares your students for both the internal and external assessment with opportunities to test and consolidate understanding.

Revise A2 PE for OCR Daniel Bonney 2004 This A2 revision guide exactly follows the OCR specification and provides students with the right amount of support for their needs.

GCSE Chemistry 2021

OCR a Level PE Workbook: Paper 2 And 3 Sue Young 2021-02-26

New Grade 9-1 GCSE Combined Science: OCR Gateway Revision Guide with Online Edition - Higher CGP Books 2016-04-28

WJEC Eduqas GCSE (9-1) Religious Studies Joy White 2017-04-03 Bring out the best in every student, enabling them to develop in-depth subject knowledge with this accessible and engaging Student's Book, created for the 2016 specification by a team of subject specialists and the leading Religious Studies publisher. - Helps students of all abilities fulfil their potential and increase their understanding through clear, detailed explanations of the key content and concepts - Motivates students to build and cement their knowledge and skills using a range of imaginative, innovative activities that support learning and revision - Provides a variety of quotes from sources of authority that students can draw on to enhance their responses and extend their learning - Encourages students to make links between the world religions and philosophical and ethical issues so they develop a holistic view of religion in modern Britain - Prepares students for examination with a rich bank of exam-style questions, guidance on how to improve responses and student-friendly assessment criteria - Enables you to teach unfamiliar topics and systematic studies confidently with clear explanations of Christian, Catholic Christian, Islamic and Judaic beliefs and practices, verified by faith organisations WJEC Eduqas GCSE RS Component 1: Religious, philosophical and ethical studies in the Modern World 1 Issues of Relationship 2 Issues of Life and Death 3 Issues of Good and Evil 4 Issues of Human Rights Component 2: 5 Beliefs and teachings 6 Christianity: Practices Component 3: Study of a World Faith - Islam 7 Islam: Beliefs and teachings 8 Islam: Practices Component 3: Study of a World Faith - Judaism 9 Judaism: Beliefs and teachings 10 Judaism: Practices

My Revision Notes: OCR GCSE (9-1) PE 2nd Edition Sarah Powell 2017-11-13 arget success in PE with this proven formula for effective, structured revision; key content coverage is combined with exam-style tasks and practical tips to create a revision guide that students can rely on to review, strengthen and test their knowledge. With My Revision Notes, every student can: Plan and manage a successful revision programme using the topic-by-topic planner Consolidate subject knowledge by working through clear and focused content coverage Test understanding and identify areas for improvement with regular 'Now Test Yourself' tasks and answers Improve exam technique through practice questions, expert tips and examples of typical mistakes to avoid Get exam ready with extra quick quizzes and answers to the practice questions available online

Collins Snap Revision - Writing (for Papers 1 and 2): AQA GCSE English Language Collins UK 2017-03-15 Exam Board: AQA Level & Subject: GCSE English Language First teaching: September 2015 First exams: June 2017 Revise tricky topics in a snap Collins Snap Revision helps you focus on the areas of your revision that you find tricky or need extra practice in. Spaced practice opportunities allow you to test, revisit and review your understanding throughout your revision, a method proven to improve your performance in the exam. - Focussed revision in tricky areas of the exam- Targeted practice in specific areas where more support may be needed- Ideal to use at home

Advanced PE for OCR A2 2004 This student text provides activities and material to complete students' personal performance portfolios, identifies key words and phrases throughout, following the subject specification unit by unit as it covers the course.

WJEC/Eduqas GCSE PE: Introduction to Physical Education: Study and Revision Guide Sean Williams 2018-02-16 So much more than a traditional revision resource, this Study and Revision Guide has been carefully designed to give students clear guidance on every aspect of the GCSE course and prepare them thoroughly for their final exams. // Written by an experienced teacher and examiner and endorsed by WJEC, it provides high quality support you can trust. // The innovative design allows the content of each topic to be covered in a three-step sequence: knowledge and understanding (AO1) pages begin each topic, followed by (AO2) application of knowledge and then (AO3) analysis & evaluation. // Comprehensive support for Unit 1 / Component 1 Introduction to Physical Education. // Clear and succinct presentation of the key information needed per topic, ensuring students are fully equipped for assessment. // Provides a clear focus on the assessment needs for exam success. // Recap and summaries per topic present information in diagrammatic and visual styles to aid the revision process.

New GCSE Physical Education OCR Exam Practice Workbook - for the Grade 9-1 Course (includes Answers) CGP Books 2019-06

Models-based Practice in Physical Education Ashley Casey 2020-12-14 This book offers a comprehensive synthesis of over 40 years of research on models in physical education to suggest Models-based Practice (MbP) as an innovative future approach to physical education. It lays out the ideal conditions for MbP to flourish by situating pedagogical models at the core of physical education programs and allowing space for local agency and the co-construction of practice. Starting from the premise that true MbP does not yet exist, the book makes a case for the term "pedagogical model" over alternatives such as curriculum model and instructional model, and explains how learners' cognitive, social, affective and psychomotor needs should be organised in ways that are distinctive and unique to each model. It examines the core principles underpinning the pedagogical models that make up MbP, including pedagogical models as organising centres for program design and as design specifications for developing local programs. The book also explores how a common structure can be applied to analyse pedagogical models at macro, meso and micro levels of discourse. Having created a language through which to talk about pedagogical models and MbP, the book concludes by identifying the conditions - some existing and some aspirational - under which MbP can prosper in reforming physical education. An essential read for academics, doctoral and post-graduate students, and pre-service and in-service teachers, Models-based Practice in Physical Education is a vital point of reference for anyone who is interested in pedagogical models and wants to embrace this potential future of physical education.

OCR Cambridge Nationals in ICT Sonia Stuart 2012-09-28 Written by experts and in partnership with OCR, the brand-new OCR Cambridge Nationals in ICT Student's Book provides invaluable guidance for your teaching of the OCR Cambridge Nationals in ICT Level 1/2. This textbook covers the mandatory Units 1 and 2 in detail, offering your students the knowledge and practice they require. Unit 1 - Understanding Computer Systems - Coverage of use of applications and systems - Case studies of how they are used for different purposes - Exam style questions and guidance Unit 2 - Using ICT to Create Business Solutions - Coverage of the principles of use of relevant software to meet specified business needs - Illustrations of best practice - Activities and guidance to help students in producing their own examples

OCR A Level History: The American Revolution 1740-1796 and The USA in the 19th Century 1803-1890 Mike Wells 2018-09-17 Exam board: OCR Level: A-level Subject: History First teaching: September 2015 First exams: Summer 2016 Successfully cover Unit Group 2 with the right amount of depth and pace; this bespoke series from the leading History publisher follows our proven and popular approach for OCR A Level, blending clear course coverage with focused activities and comprehensive assessment support. - Develops understanding of the period through an accessible narrative that is tailored to the specification content and structured around key questions for each topic - Builds the skills required for Unit Group 2, from explanation, assessment and analysis to the ability to make substantiated judgements - Enables students to consolidate and extend their topic knowledge with a range of activities suitable for classwork or homework - Helps students achieve their best by providing step-by-step assessment guidance and practice questions - Facilitates revision with useful summaries at the start and end of each chapter - Ensures that students understand key historical terms and concepts by defining them in the glossary

A Level Advancing Physics for OCR Student Book John Miller 2015-03-31 New and updated resources tailored to the 2015 Advancing Physics specification. With new accessible format and features throughout, these resources retain the ethos of Advancing Physics while providing full support for the new linear qualification. This Student Book contains two year's worth of content and covers the full A Level qualification.

AQA A-level PE (Year 1 and Year 2) Carl Atherton 2019-11-18 Boost confidence with our all-in-one textbook for AQA A-level Physical Education. This updated and accessible textbook combines Year 1 and Year 2 content with brand new assessment preparation to provide detailed support for both the academic and practical elements of the course. This book: - Develops conceptual understanding with thorough coverage of topics on the AQA A-level specification together in one book - Includes updates to 'end of chapter practice' questions and assessment preparation - Contains summaries, diagrams and key questions to direct thinking and aid revision - Stretches, challenges and encourages independent thinking and a deeper understanding through extension questions, stimulus material and suggestions for further reading - Features definitions of key terms to aid and consolidate understanding of technical vocabulary and concepts - Builds sound knowledge and understanding, analysis, evaluation and application skills through activities This Student Book has been approved by AQA

Core Mathematics 2 Greg Attwood 2004 Easing the transition from GCSE to AS level, this textbook meets the 2004 Edexcel specifications and provides numerous worked examples and solutions to aid understanding of key concepts.

Evolution and Disease James Thomas Charles Nash 1915

OCR GCSE History Explaining the Modern World: Modern World History Period and Depth Studies Ben Walsh 2016-12-12 An OCR endorsed textbook Trust Ben Walsh to guide you through the new specification and motivate your students to excel with his trademark mix of engaging narrative and fascinating contemporary sources; brought to you by the market-leading History publisher and OCR's Publishing Partner for History. - Skilfully steers you through the increased content requirements and changed assessment model with a comprehensive, appropriately-paced course created by bestselling author Ben Walsh and a team of subject specialists - Deepens subject knowledge through clear, evocative explanations that make complex content accessible to GCSE candidates - Progressively builds students' enquiry, interpretative and analytical skills with carefully designed Focus Tasks throughout each chapter - Prepares students for the demands of terminal assessment with helpful tips, practice questions and targeted advice on how to approach and successfully answer different question types - Captures learners' interest by offering a wealth of original, thought-provoking source material that brings historical periods to life and enhances understanding This single core text contains the International Relations period study and three non-British depth studies: - Germany 1925-1955 - The USA 1919-1948 - The USA 1945-1974